

# NW REGIONAL AVA NEWS AND INFORMATION

SHARON MOATS (RD) AND ED HAINLINE (DRD)

#31 Feb 4,2024

Greetings NW Region Walking Clubs,  
Warmer weather has returned for the I-5 Corridor cities in Western WA and Oregon. It's good to get out and enjoy our beautiful area in this quieter time of year.

**While you are walking around the Northwest region, be sure to join the ESVA Winter Walking Challenge Program.** You need to be a member of a Washington Club to participate. Link here: <http://www.esva.online/wp-content/uploads/2023/10/2024-Winter-Walk-Contest-pdf.pdf>

**Club Officers:** Please familiarize yourselves with the my.ava.org website. Create your my.ava.org account and select your club and review some of the training and tutorials to help you with your responsibilities. [https://cb.ava.org/operations\\_policies.php](https://cb.ava.org/operations_policies.php)

**The next AVA Board Meetings are Feb 13, 4:00PM PST. This is a video meetings and invites will be posted on the AVA Website prior to the meetings.** Please join in to learn about what AVA is doing.

Some sad losses of our NW Region of Volkssporters:



- **Ron Jewett 1936-2024** The Rogue Valley Walkers of Medford, Oregon, lost a long-time member of its club on January 15th. Ron was one of the club's original members and was involved with the beginning of the biennial Rogue Valley Riches event located in Shady Cove, Oregon. He served as the club's original Vice President when the club first started operating in Southern Oregon back in the mid-1990s. He enjoyed his time out walking the various trails of the Rogue Valley. A few of his favorite trails were Viewpoint Mike, Roxy Ann, and Casey State Park. Come walk in the Rouge Valley of Oregon.



- **Joy Adams**, member of Capitol Volkssport Club, passed away January 28 from a rare form of Liver Cancer just 3 weeks after diagnosis. She is recently remembered as the POC of the Capitol Club's Holiday walk and being Mrs. Clause at the club's holiday party in mid-December. Smile at someone along the trail as she always did!

The walker and event states for our NW Region Walks indicate a large decline in our participation.

#Trad	Walkers	NWC	#YR	Walkers	NWC	Average	Total
-------	---------	-----	-----	---------	-----	---------	-------

A complete excel file of the NW Region YR walk totals by club is attached to this email.

The biggest downturn we are seeing is the downturn in the number of walkers attending Traditional Events. Many clubs have now sanctioned traditional events as Traveling Guided walks, both to cut down on expenses and provide the opportunity to offer new walking adventures for walkers.

The NW Regional Conference is coming up in September 19-22,2024 in Silverdale, WA. Please let me know what training your clubs may need so we can plan to have training available at that time.

**The Future Event Calendar is filling up with many new areas to walk in. Be sure to get your club's future walks on the calendar even if you only have preliminary information available so you can reserve the date you need.**

**Upcoming Multi-Day Events that you will want to make lodging reservations for soon!**

April 25-28, 2024, Wild and Woodsy , Olympia, WA [Hosted by Capitol Volkssport](#)  
May 9-11, 2024, Winthrop Spring Walks, On-site walk registration May 9-11, 2024  
(OSB May 5-20)  
[Interlakentrailblazers.org](http://interlakentrailblazers.org) (more info coming soon)  
May 24-26, 2024, Canadian Festival in Kingston, Ontario <http://walks.ca/cvf-fcv-2022-festival/>  
Aug 2-4, 2024, NW Hiking Weekend – Mt Baker, Glacier WA  
<https://fourplushikers.weebly.com/nwhw-mt-baker-2024.html>  
Aug 23-25, 2024, Wallace, ID Info coming soon <https://lilaccityvolks.com/>  
Sept 19-22, 2024, NW Regional Conference – Kitsap Peninsula, WA (8 Walks, Socials)  
Headquartered in Silverdale, WA Info coming soon  
Oct 17-20, 2024, CRVC/Rogue Valley Walkers Shady Cove Info coming soon

See you on the trail!

Sharon Moats (NWRD)  
Ed Hainline (NWDRD)